

PARENTING WORKSHOP

SOCIAL ANXIETY & PERFECTIONISM

With **Dr. Patricia DiBartolo**
Department of Psychology, **Smith College**

A discussion that will be led by Edward Plimpton, PhD from NAP. Dr DiBartolo is one of the leading authorities on Social Anxiety and Perfectionism whose work has been featured in such mainstream media outlets as Time, Psychology Today and Health. She is also the author of numerous scholarly articles on Social Anxiety and Perfectionism.

Sunday, February 23, 2025

4:00pm - 5:30pm

Zoom meeting ID: 869 5145 6136

